

# FAMILIES' HEALTH AND WELLBEING SERVICE (0-19)



Midlands Partnership  
NHS Foundation Trust  
A Keele University Teaching Trust

*Building Stronger, Healthier Communities*

The Child Health and Wellbeing Programme (0-19 years) is an integrated service provided by Midlands Partnership NHS Trust (formerly Staffordshire and Stoke on Trent Partnership NHS Trust prior to merging with South Staffordshire and Shropshire Healthcare NHS Foundation Trust) and brings together health visiting and school nursing. In 2020 the service will expand to include Children's Centres.

The service will offer children in the 5-19 age groups:

- All children, young people and families living in Staffordshire will be offered universal reviews and checks from the service.
- Young people will be offered advice, information, guidance, signposting and referral on to appropriate services where indicated via drop in's, appointments, The Hub, Chat Health and other digital platforms regarding their emotional health and wellbeing, sexual health, lifestyle issues and general health (healthy weights, health concerns). The service is not commissioned to deliver condoms, emergency contraception or chlamydia screening or 6 week emotional health interventions.
- Contribute to education health care plans and appropriate health care plans where there is a public health need.
- Provide support to schools when required to adapt and update policies and procedures to better meet the needs of those children and young people who have a care plan where a specific health/special need has been identified.
- Offer training to support schools where a particular health need has been identified e.g. asthma, anaphylaxis and epilepsy. This will be delivered in locality settings rather than as whole school training.
- Weighing and measuring in reception and year 6 will continue as part of the National Child Measurement Programme.
- Support regarding enuresis and continence.
- Special schools will continue to access the Special School Nursing team, however all children and young people attending schools within Staffordshire including Special Schools and independent fee paying schools, will be supported via The Hub through information, advice, guidance and signposting.

## The HUB: A central point of access

**ACCESS TO THE 0-19 SERVICE FOR ADVICE, INFORMATION, GUIDANCE OR REFERRALS IS THROUGH THE HUBS.**

The Hubs give families and young people advice and support from professionals within the 0-19 services and are the point of access for professionals and other health care services.

### HUB Contact Numbers:

Newcastle-under-Lyme and the Moorlands - **0300 124 5029** email - [sstpnt.0-19west@nhs.net](mailto:sstpnt.0-19west@nhs.net)

Cannock and Lichfield - **01543 431586** email - [sstpnt.0-19east@nhs.net](mailto:sstpnt.0-19east@nhs.net)

Stafford and Seisdon - **01785 221047** email - [sstpnt.0-19west@nhs.net](mailto:sstpnt.0-19west@nhs.net)

Burton and Tamworth - **01283 504426** email - [sstpnt.0-19east@nhs.net](mailto:sstpnt.0-19east@nhs.net)

For more information visit:

[www.staffordshireandstokeontrent.nhs.uk/services/0-19](http://www.staffordshireandstokeontrent.nhs.uk/services/0-19)